

THE WALTHAM BOYS AND GIRLS CLUB

PROGRAM REPORT

November—December 2015



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November & December AT A GLANCE

November

Member ADA = 122 (43 teens)

Club began Saturday hours 9 AM - 4PM (Sat. member ADA 49)

Club was open 22 days in November

Other Youth Served: 437

Club's Dinner of Thanks 11/19 served 166 youth and over 200 people

December

Member ADA = 134 (55 teens)

Saturday ADA: 111

Club was open 24 days in December including 4 no school vacation days

Breakfast with Santa served 184 kids and over 250 people

Other Youth Served: 244

Club had 4 days in Dec. with over 200 youth served

232 Youth served on 12/15

General Club Highlights & Special Events

Bentley & Brandeis Volunteers: Our Bentley and Brandeis volunteers wrapped up their Fall Semester in Mid December. We are looking forward to the new crop of volunteers from both schools to start in early February!

Veterans Day Challenge: Similar to our recent Columbus Day Challenge, this club-wide event was held on Veteran's Day which included several different challenges. The day began with the creation of "theme-related" teams (i.e. Marines, Army, Navy, etc.) and incorporated an educational piece which required members of each team to research their team's history in relation to Veteran's Day. The day proceeded with challenges/events offered in each program area at the Club. The day concluded with pictures, recap of points earned for each team, and a trophy ceremony.

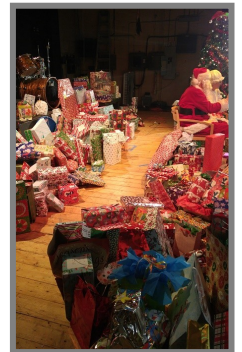
Winter Challenge: Over December winter break we hosted the Club Winter Challenge. Participating Club Members were separated into 4 teams that were captained by staff members. Activities took place in each area such as; flag making, fitness challenge, computer tournaments and billiards. There was a heavy emphasis placed on participation, teamwork and sportsmanship. The full day of fun was capped off with a awards ceremony.



The Dinner of Thanks: The club hosted our annual Dinner of Thanks on Thursday November 18. The event is the Club's version of Thanksgiving Dinner. Members and their parents are invited to this annual feast of turkey with all of the fixings. Food was donated by the 99 restaurant and Don Yovicsin. The event was highlighted by two amazing music performances by club members, and turkey basket raffles provided by Metra Tech. This great family event stressed being kind and thankful for the people you care about. This year we served well over 200 members, siblings and parents at this event.



Breakfast with Santa: Our annual Holiday party for our club members and families was a huge success this year. This event took place on Saturday December 12, and includes a full breakfast for all the attendees, gifts for every member and their siblings ages 18 and under, as well as a visit from Santa and Ms. Claus! This year we had an amazing outpouring of support from volunteers and companies. National Grid prepared all the food and wrapped gifts. Donations from NetProspex, CrossFit Newton, TIAA-CREF, MultiPlan, Morse, Barnes-Brown & Pendleton, P.C, Dunkin Donuts-Bentley University Campus, National Grid, Toys for Tots, St. Mark's School-SHADES, Joan Sands & Friends, Multiplan, and Boston Underground Strength Training helped ensure we had enough gifts for all the kids in attendance. All families in attendance were also provided complete turkey dinners courtesy of Saracen Properties. The event was attended by over 250 people with 184 youth in attendance.



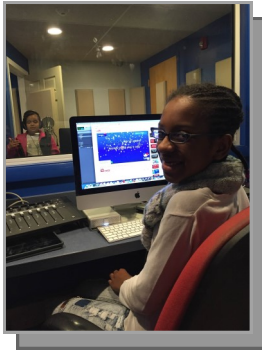
Mark Walberg Holiday Event: On Sunday, December 20th, 15 Club members attended the Mark Wahlberg Holiday Event. Breakfast was provided as well as amazing gifts to each child such as Timberland boots, Converse sneakers, BOSE headphone, clothing attire and Celtics tickets.



Food Program

The Food Program provides free, nutritional meals to our members Monday—Friday at the Club. We continue to partner with Lovin' Spoonfuls, a food rescue organization that donates healthy, fresh food to us weekly. In November we served 1036 meals/54 per day and in December we served 1155 meals/60 meals a day. The program has served 4094 meals Sept.—Dec.

Music Studio Clubhouse



Music Lessons: Informal music lessons have been a key piece of getting younger members involved in the studio. We continue to utilize primarily piano and guitar as primary instruments along with voice to inspire participation from younger members. Currently, our program is seeing growth from new members joining the club with musical background, along with a number of members turning 10 and coming to the studio for the first time. One new member named Jordan brings the skills that he gained from an after-school music program in Lynn to work as he extends his piano and guitar skills to new material. Total Participants: 25

Recording Studio Projects: Projects in the Recording Studio continue to be the centerpiece of the music program at the club. Lately there has been an increase in dedication of some of our older members as they have been driven to finish up a number of new projects before the end of the year. Our youth leader Jake Jarvis has been leading the charge as his band has recorded three well-written and intricate songs for their upcoming EP. Total Participants: 24

Music & Youth North Team Events: During the month of December, we held two performance events in cooperation with other music clubhouses from Music & Youth Initiative's network. Here in our teen center, we held a Rap concert with an open mic. style for new, less experienced rappers. We also participated in an open mic. event in Lawrence at the El Taller coffeehouse where one of our members, Adessa stole the show with a collaboration with our teen band "Non Prophet" where she sang a Nirvana song with the band. Total Participants: 85

Higher Level Music: A new goal for the music program here at the club has been to foster a culture of members teaching members. This need has been addressed by the creation of a "record label" called Higher Level Music. Older members who are currently working on more advanced, serious projects are required to dedicate a portion of their time to working with younger members on learning songs, recording, and sometimes just being an older role model figure. These older members are then rewarded for their efforts with the opportunity to create music videos with help from the Waltham Channel. Total Participants: 14

Social Recreation

Power Hour: We hold power hour from 2:00-4:00 pm Monday through Thursday. At the end of every month we accumulate the number of children doing homework and the leaders for each month are listed on the Wall of Fame. We average 8 children a day who do homework on a daily basis and the number is growing. The yearly leaders will be invited to end of the school year pizza party. Monthly leaders receive a prize at the end of the month to keep kids motivated on doing their homework. Total participants: 32

Triple Play Weekly Tournaments: Every week there is a different game room tournament. Interested members can sign up on Mondays with the first round beginning on Tuesdays. Weekly tournament champions are awarded a prize. Attendance for these tournaments are continuing to climb. Some of the tournaments this session have been dance central, foosball, team foosball, bumper pool, and connect four. These tournaments have been competitive and keep all the kids who sign up engaged into what we are doing. We put a heavy emphasis on sportsmanship, winning and losing with grace, being kind, and teamwork during these tournaments. Gift cards and trophies have been given to recognize the winners. Total participants: 40.

Games Room Leaders: We have assembled a group of 6 members for our games room leadership group. Some obligations Leaders have are to help younger members with homework, assist in the cleaning of the room, managing games and equipment, and helping to remind other members of the rules in the program area. The group meets every Friday 6pm-7pm, where they discuss field trip opportunities, ways to improve the games room, and our obligations and duties throughout the week. The members enjoy their roles and having an influence on the direction that the games room can go in. Total participants: 6



Junior Achievement: Junior Achievement is a program that has lesson plans and curriculum that teaches the members on the reality of many things they see every day. It teaches and allows them to start thinking in a new way about life. The current unit, "Our Families" goes over what it means to be a family, the different types of families, and the different roles in a family. Total Participants: 4

Game Room Tournament Field Trip: During the month of December, a group of 11 members took part in a games room event at the Billerica Boys & Girls Club. Our members participated in a variety of tournaments. Members enjoyed seeing another facility, engaging in healthy competition, and meeting new people. The trip was a success with several of our members earning prizes. The kids also enjoyed spending time outside our facility, getting to know each other better. Total Participants: 11

Teen Program

Alternatives to College Fair: A group of 10 of our teens took a trip to the Brookline Teen Center for an alternatives to College Fair. Our teens had the opportunity to discuss job opportunities for those where college may not be their route when they graduate. Some of the vendors at the event included the Armed Services, Whole Foods, Mass Civil Service, Boston Fire Department, United States Postal Service, Brookline Public Works and the American Academy of Personal Trainers.

Community Service with Lasell Village Assisted Living: On November 25th a group of our teens took a field trip to Lasell Village in Newton to interact with some of the residents as a community service project. Members had the opportunity to play games, talk with and have snacks with the residents.



Aquatics

Swim Lessons The swim lesson program is designed to develop swimming ability for kids ages 3 years and over. There are 7 different levels available. Each level is used to help add to the swimmers abilities in the water. Swim lessons this fall are just about at max capacity with 96 students enrolled out of 99 available spots.

The Waltham Tiger Shark Swim Team: The Swim Team currently has 70 members with 15 of them being brand new swimmers. The group is a talented bunch and has been competitive in the swim league. As of December 19th, the Tiger Shark Swim Team has a 3-2 record. They have enjoyed great victories against Watertown, Worcester, and Salem (NH) with the losses against Woburn and Billerica. 11 year old Morgan Fredette currently sits 2 seconds away from breaking the girls 12-under 50 yard Free Style. Fredette, Charlotte Doherty, Francia Alacorn, Phoebe Siedman, Fiona Keady and Connie Lee have all qualified to attend the 2016 Boys and Girls Club National Swim Championships next April in St. Petersburg Florida.



Sports & Fitness

U12 & U18 Travel Basketball: Tryouts for our travel teams took place in Mid-December. Both teams start game play in January. We currently have 12 participants on both teams. Team members will be running a canning fundraiser this season to raise funds for new uniforms. Total Participants: 24

Soccer 101: Due to the amazing success of the Club's Basketball 101 program, we decided to create a similar program for soccer. This fun introductory course teaches and develops the fundamental skills helpful for young soccer players. These four week clinics begin in January for members ages 6-9 to play each position offered in the sport, and gives all participants the chance to scrimmage at the end of each session. This year's course is being instructed by local soccer star, and WBGC alumni Klaymar Garcia. Total Participants: 40

PAL Senior Basketball: Registrations for PAL High School Basketball concluded in December. This in-house league run in conjunction with the Waltham Police is for members 13 and older. The season officially starts on the first week of January and runs until April. Total Participants: 60

PAL Soccer: Registrations for PAL Soccer concluded in December. PAL Soccer is an in-house league run in conjunction with Waltham Police Department offered at the Club every Saturday morning starting in January. This league has been recognized for the large crowd of parents and families it brings through our doors, as our bleachers are nearly filled on a weekend basis. This year we are excited to announce that there are 145 kids registered for this program!

Fencing: The Boston Fencing Club has taught 17 of our members fencing every Monday for 6 weeks. This class is taught by 2 Olympians. Our members have enjoyed being introduced to a sport that many have never had the opportunity to participate in.



After School Program

As of Friday, January 8th there are 40 youth enrolled in the After School Program. Of those children, 29 are full time and 11 are part time. Transportation is provided to members within the Waltham School District for children ages 5-12. The program also provides a nutritious snack that meets the Elementary and Secondary Education Food Standards. A 5:00pm educational curriculum is implemented to encompass all components of a healthy and well-rounded lifestyle. Our program hours are 2:30-6:00pm daily and 7:30am-5:30pm when school is not in session.



ASP Member of the month: Members of the Month are recognized based on positive behavior, dedication to school work, leadership and consistency with program participation.

November: Emma H & Darenn D

December: Kimberly M & Jeremy M

Some of the programs our ASP members are participating in this session are:

Imagination Playground is offered to youth ages 5-8 where members are able to think about how to put foam pieces together and create objects such as roller coasters, castles and forts. This activity incorporates imagination and engineering to produce a fun and kid-friendly way to learn about construction.

Rocket Readers is offered to youth ages 5-8 and is designed to encourage members to participate in reading and learn about literacy. The activity is structured where a themed story is read to the children, followed by discussion and a small art project.

Super Science is offered to youth ages 9-12. It's designed to teach children about the different sciences, including physical science, engineering, chemistry and anatomy. Members perform small, hands-on experiments that get our youth thinking about how things are made, why different reactions occur, and how things interact with each other.

Music Makers is offered to members ages 5-8 where they engage in basic musical activities to learn about different sounds and instruments. Ex. Members making maracas out of toilet paper roll

Non Cook Cooking teaches children how to create healthy, simple snacks that they can use throughout their daily lives. We also incorporate math, reading and science by reading the recipe out loud, teaching youth how to mix ingredients together and how to measure out different ingredients, to create the perfect snack.

Image Makers is offered to youth ages 9-12 in the Technology Center.

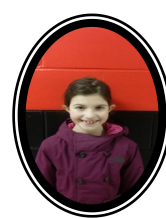
Music Studio is offered to members ages 9-12 where they learn how to play various instruments such as the keyboard, guitar and drums.

Arts & Crafts projects are designed to enable children to display their creativity and express their emotions through various unique projects. Art plays a vital role in self-expression and imagination. A total number of 31 members participated in activity.

Technology Programs

Building Blocks Engineering Program: Engineering group is held on Wednesdays and Thursdays with a total of 12 members participating between both days. Members learn about the different careers in the field of engineering and different types of engineering, i.e. electrical, civil, etc. Members are working on 3D models that represents members' version of Waltham. This program is very hands on with elements of technology utilizing tablets to research, etc.

Hour of Code: On December 9th, the Waltham Boys & Girls Club offered a free Hour of Code program for members interested in learning how to code, provided by Curaspan. During this program, members engaged in coding games and challenges. Curaspan employees volunteered their time to guide members through the coding process. Much to their surprise, our members were very well versed in these code challenges and needed little to no help in completing these sometimes very difficult challenge games. Members were happy to see new faces and even more excited to show off their skills and teach a thing or two, to our Curaspan volunteers.



14 - 18 years old

Samantha Rane is the Club's November Member of the Month for members ages 14 – 18. Samantha is a 16 year old sophomore at Waltham High. She has been nominated for Youth of the Month for her exceptional attitude and involvement in programs in the Music Studio. A talented lyricist and rising guitar player, Samantha's first order of business when she arrives at the club is working and mentoring younger members in the music studio with songs, and get them engaged in the process of making music- without even being asked to do so. In addition to being a great role model to younger members, Samantha has challenged herself to perform in front of a large audience by taking part in some of the club's Open Mic nights and Waltham Idol competition. She has a passion and true talent for helping others and her enthusiasm for music is evident in all she does.

Jake Jarvis is the Club's Member of the Month for members ages 14 – 18. Jake has been a youth employee at the club for the past three months in the Music Studio. Jake has grown enormously in his role and as a young musician both on his own accord, and through his position. Jake takes younger members under his wing by teaching them guitar and encouraging them to utilize what the studio has to offer. He is very welcoming to younger members, and isn't afraid to have fun! His band Non-Prophet, has recorded a number of new original songs for their upcoming EP.

10 - 13 years old

Darenn Duclas has been elected November member of the month for 10-13 year olds. Darenn was chosen as the member of the month because he has exhibited a major growth in maturity and leadership skills this school year. Darenn has taken a leadership role in the Club's After School Program by aiding the younger students with their homework and assisting staff with activities. The ASP staff have noted a vast improvement in Darenn's grades and his willingness to work hard on his schoolwork.

Malaika Mushi has been elected December member of the month for 10-13 year olds. Malaika is one of the most energetic and positive members that attends the club on a daily basis. She frequently visits the Music Studio, where she excels at singing. Malaika performs at almost every club event that she can, and is preparing to audition for the third season of the club's "Waltham Idol" competition. She is thoughtful, encourages others to sing in the studio and works very well with others members.

Ages 6 - 9

Angela Campos is the November member of the month for the 6-9 year olds. Angela is often seen around the club with a big smile with her homework ready to go. Angela has a passion for dancing, reading and drawing. Recently Angela was the champion of the Club's "Just Dance" tournament. Angela spends a lot time in the games room where her patient and attentive qualities shine through. Angela is an excellent role model and sister to her younger brother Edgar. Angela is always willing and eager to try new activities at the Club and regularly participates in the Club's "Power Girls" group.

Phoebe Siedman is the 6-9 year old December Youth of the Month. A member of the Tiger Shark Swim Team for 2 years, Siedman has excelled in the water and has qualified for the 2016 Boys and Girls Club National Swim Championships that takes place in St. Petersburg, Florida. Phoebe has a great work ethic and routinely arrives early to practice and stays late to practice her diving off of the starting block. Phoebe's best events this year are the 25 freestyle and 25 butterfly. Phoebe has improved each meet this season and will likely be ranked high in her events at this year's Boys and Girls Club's Sectional Meet in Worcester.





The Waltham Boys & Girls Club

We Need You!
How you can help the Club!

BE GREAT



Our Mission:

The mission of the Waltham Boys & Girls Club is to inspire and enable all young people especially those who need us most, to realize their full potential as productive, responsible and caring citizens.



The Club is growing and we need your help! In order for us to continue to provide services to the children in our community ***that need us most*** we need your continued patronage and support. There are several ways that you can help us in providing amazing programs, activities and events for our youth!

- ◆ By making a tax-deductible monetary or in kind donation
- ◆ By promoting the Club's message on your social media outlets
- ◆ By spreading the message why you support the Club
- ◆ By attending our fundraisers (information below)
- ◆ By volunteering at the Club (Subject to CORI background check) email: ncacciolfi@walthambgc.org

How to make a donation:

- ◆ online: <http://www.walthambgc.org/portal/ways-to-give>
- ◆ By phone with a credit card: 781-893-6620
- ◆ By mail with a check made out to The Waltham Boys and Girls Club, 20 Exchange Street, Waltham MA 02451.
- ◆ In person during club operation hours

Did you know? You can donate appreciated stock to the Waltham Boys and Girls Club. Call us for more information.

**Support the Club at
the following events!**

March 2016:
Beer Tasting

September 2016:
Golf Tournament

April 28, 2016:
Gala

