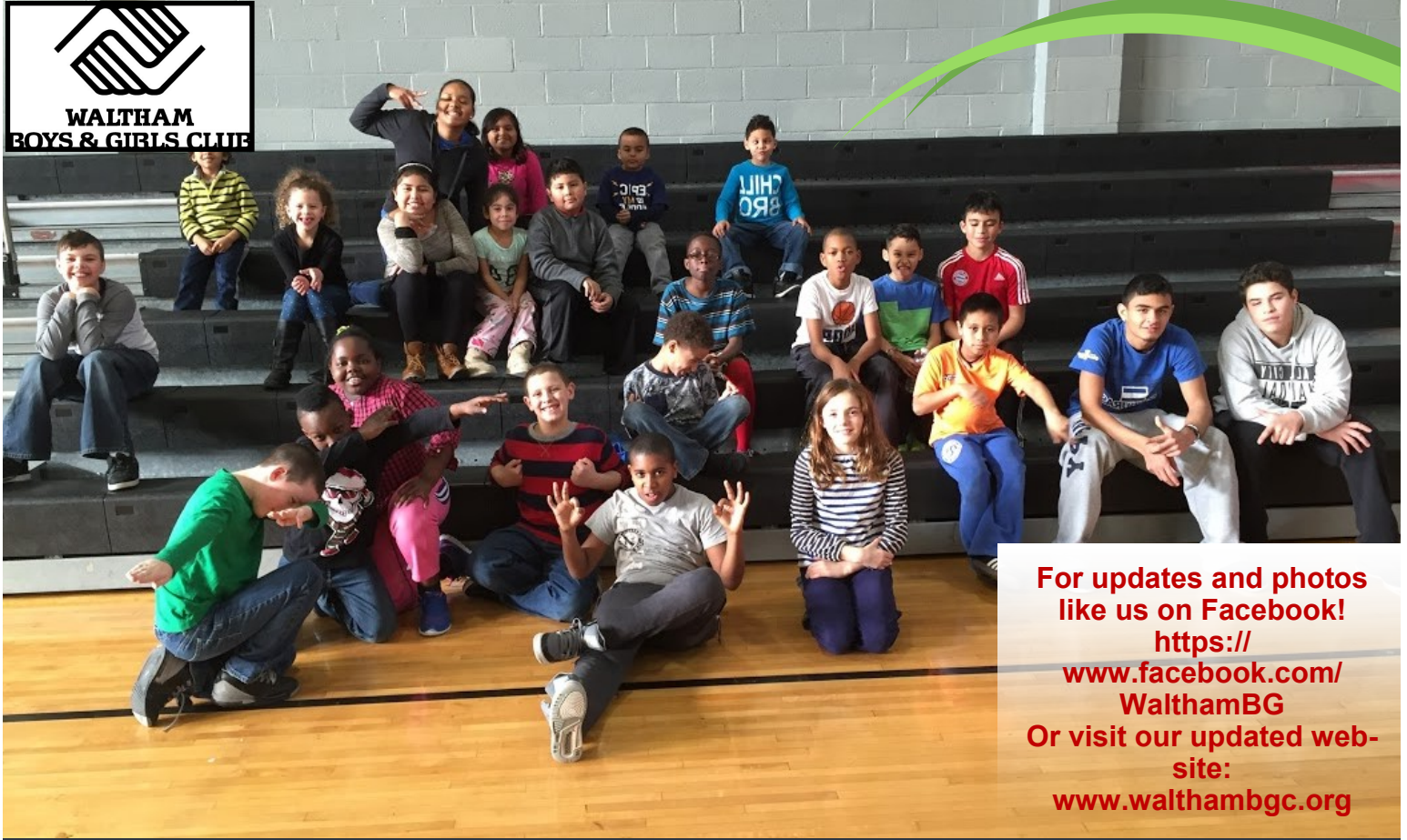


THE WALTHAM BOYS AND GIRLS CLUB

PROGRAM REPORT

January—February 2016



For updates and photos
like us on Facebook!
[https://
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WalthamBG](https://www.facebook.com/WalthamBG)
Or visit our updated web-
site:
www.walthambgc.org

January - February AT A GLANCE

January

Member ADA = 171 (63 teens)

Sat. member ADA 130

Club was open 23 days in January

Other Youth Served: 408

February

Member ADA = 157 (57 teens)

Saturday ADA: 118

Club was open 21 days in February including 5 no school vacation days

Other Youth Served: 265

General Club Highlights & Special Events

Bentley & Brandeis Volunteers: Our Bentley and Brandeis volunteers are back for the Spring Semester! Bentley has 4 volunteers Monday—Thursday who help with homework and with other program areas at the club each afternoon. On top of that we have 2 Bentley Girls Volunteer groups helping run two different age groups of Smart Girls Curriculum. Our Brandeis Volunteers are back and are continuing their Tuesday afternoon Science and Art programs in the art room.

Olympic Week: During February Vacation the Club hosted it's annual Olympic Week Challenge. Kids were placed on countries, and competed in many different challenges throughout the club for the entire week. At the closing ceremonies, members received medals and celebrated the end of the event.



Mentor Program: The club has partnered with 8 local professional adults who wanted to volunteer to kick off a mentor program at the club. The mentor program called “Limitless Possibilities” began in early February with a group event and pizzas party. Volunteers volunteer at the club once a week and are partnered with a club member who may need some extra adult interaction. Our club members are considered ambassadors of the club so their job is to show the group of volunteers what the club is all about. Volunteers meet with the members on a consistent basis and can help their mentee with homework, play games in program areas, talk, hang out with the ultimate task of cooperatively working on goals with the member and putting steps in place to achieve the goals that they set. Some of our members goals are based on sports, homework and school, careers, and club service. This piloted mentor program is set to reconvene with another group party after 2 months of the program so that mentors and mentees can share their progress and give feedback to the program, what works and what could be added to help strengthen the program.

Cooking Classes: We partnered with Kids’ Cooking Green to offer several highly popular cooking classes this Winter. Kids learned to create their own ravioli from scratch, make power chocolate truffle balls, and fruit kabobs.



Food Program

Now serving Lunch on Saturdays! The Food Program provides free, nutritional meals to our members Monday—Saturday at the Club. We continue to partner with Lovin’ Spoonfuls, a food rescue organization that donates healthy, fresh food to us weekly. In January we served 1343 meals/58 per day and in February we served 1293 meals/61 meals a day. September—February we have served 6720 meals to date.

Music Studio Clubhouse

Waltham IDOL: Adam has been busy organizing the ever popular Waltham Idol Program for area youth. Round one started in January with over 25 participants auditioning in front of a panel of three judges. Youth come in and sing a verse and chorus a Cappella in front of the judges and a camera for a chance to move on to the second round.

Round 2 of the Idol competition was held at Government Center Live round in front of a medium size audience. 15 contestants were invited to compete from the initial 25. The participants performances were scored by a set of live judges. Each participant sings to either a karaoke track, or a piano/guitar accompaniment. Youth are strongly encouraged to accompany themselves if they are able to!

Finals: The Finalists move on to a live round in front of a large audience. Youth perform with a professional backing band for a chance to win the title of Waltham Idol! Participants are scored 80% by a panel of 4 judges, with 20% of the score coming from an audience vote.

As you can see, the stakes in each round are raised to reflect the level of professionalism that youth are bringing to the table. This is a program that supports all different levels of experience, and encourages youth to come back next year to do better.

Music Lessons: Informal music lessons have been a key piece of getting younger members involved in the studio. We continue to utilize primarily piano and guitar as primary instruments along with voice to inspire participation from younger members. Currently, our program is seeing growth from new members joining the club with musical background, along with a number of members turning 10 and coming to the studio for the first time. One new member named Jordan brings the skills that he gained from an after-school music program in Lynn to work as he extends his piano and guitar skills to new material. Total Participants: 25

Recording Studio Projects: Projects in the Recording Studio continue to be the centerpiece of the music program at the club. Lately there has been an increase in dedication of some of our older members as they have been driven to finish up a number of new projects before the end of the year. Our youth leader Jake Jarvis has been leading the charge as his band has recorded three well-written and intricate songs for their upcoming EP. Total Participants: 24

Higher Level Music: A new goal for the music program here at the club has been to foster a culture of members teaching members. This need has been addressed by the creation of a "record label" called Higher Level Music. Older members who are currently working on more advanced, serious projects are required to dedicate a portion of their time to working with younger members on learning songs, recording, and sometimes just being an older role model figure. These older members are then rewarded for their efforts with the opportunity to create music videos with help from the Waltham Channel. Total Participants: 14



Social Recreation

Power Hour: We hold power hour from 2:00-4:00 pm Monday through Thursday. At the end of every month we accumulate the number of children doing homework and the leaders for each month are listed on the Wall of Fame. We average 10 children a day who do homework on a daily basis and the number is growing. The yearly leaders will be invited to end of the school year pizza party. Monthly leaders receive a prize at the end of the month to keep kids motivated on doing their homework. Total participants: 40

Triple Play Weekly Tournaments: Every week there is a different game room tournament. Interested members can sign up on Mondays with the first round beginning on Tuesdays. Weekly tournament champions are awarded a prize. Attendance for these tournaments are continuing to climb. Some of the tournaments this session have been dance central, foosball, team foosball, bumper pool, and connect four. These tournaments have been competitive and keep all the kids who sign up engaged into what we are doing. We put a heavy emphasis on sportsmanship, winning and losing with grace, being kind, and teamwork during these tournaments. Gift cards and trophies have been given to recognize the winners. Total participants: 40.

Games Room Leaders: We have assembled a group of 6 members for our games room leadership group. Some obligations Leaders have are to help younger members with homework, assist in the cleaning of the room, managing games and equipment, and helping to remind other members of the rules in the program area. The group meets every Friday 6pm-7pm, where they discuss field trip opportunities, ways to improve the games room, and our obligations and duties throughout the week. The members enjoy their roles and having an influence on the direction that the games room can go in. The Games Room Leaders is now raising funds for their program by partnering with the Gym Triple Play Group to sell breakfast sandwiches, Gatorades and snacks during Saturday Soccer. Total participants: 6

Junior Achievement: Junior Achievement is a program that has lesson plans and curriculum that teaches the members on the reality of many things they see every day. It teaches and allows them to start thinking in a new way about life. The current unit, "Our Families" goes over what it means to be a family, the different types of families, and the different roles in a family. Total Participants: 4

Game Room Tournament Field Trip: During the month of January, a group of 10 members took part in a games room event at the Watertown Boys & Girls Club. Our members participated in a variety of tournaments. Members enjoyed engaging in healthy competition, and meeting new people. The trip was a success with 4 of our members winning their events. The kids also enjoyed spending time outside our facility, getting to know each other better. Total Participants: 11

Aquatics

Swim Lessons The swim lesson program is designed to develop swimming ability for kids ages 3 years and over. There are 7 different levels available. Each level is used to help add to the swimmers abilities in the water. Swim Lessons continue to have near full capacity, with the Winter II session having about 106 students. We are able to offer private lessons every day, and have typically 2-3 lessons going on at the same time. .

The Waltham Tiger Shark Swim Team: The Waltham Tiger Shark Swim Team defeated the Waltham YMCA to claim their first Watch City Meet Title since 2013. The Tiger Sharks also finished 6th overall at this year's Boys and Girls Club Sectionals. Next on the Tiger Shark Schedule is prepping for the 2016 National Boys and Girls Club Swim Championships. The Boys and Girls Club will be represented this year by Susan Timoteo, Charlotte Doherty, Morgan and Taylor Gangi, Jake Mead, Lissy Angotti, Emily Juarez, Carly Shaw, Chloe Morales, Benny Ssentongo, Francia Alarcon, Phoebe Siedman, Morgan Fredette, Dulce Gonzalez, and Connie Lee. The Team will also be offering a Swim Clinic during the spring, and start in May will be training swimmers for the 2016 Summer Bay State Games.

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Sports & Fitness

U12 Travel Basketball: Our U 12 Travel Basketball team is currently in first place and only has one loss. With Playoffs just around the corner, the team is excited of what may be!

PAL Senior Basketball: PAL basketball is winding down. Over 60 kids played in this years league.

PAL Soccer: We had over 155 kids participate in PAL Saturday Morning Soccer this year!

Teen Program

Our Teen Director Jules LeBlanc has really hit the ground running since taking on the full time role in January. New programs she has started are:

Junior Achievement- "It's My Future": This program is designed for members to start mapping out their future plans and set goals to help them achieve and shape their future. Topics such as school classes and course selection, the importance of getting good grades, career prep, and financial planning. Guest speakers are planned from Lincoln Financial.

Trivia Tuesday's: Each Tuesday the kids participate in a big trivia day. Prizes are given out to the winning teams.

Movement Monday's: In an effort to limit screen time and to promote physical fitness and health, Movement Mondays is a series of challenges through exercise, fitness and dance where music is played and the kids compete against each other and themselves all while having fun.

SMART Girls: We have two different sessions of smart girls, one for kids 12-15 that has 12 members participating and one for members 7-10 with 8 participants.

Our Keystone and Torch Leadership groups are running strong and are currently collaborating on the fashion show, walk for hunger together. Torch is running a canned food drive for sacred heart food pantry. The Torch and Keystone group recently took a trip to cradles to crayons for a volunteer service day. The warehouse staff was raving about our group and wants our group to come back and volunteer again. The trip was very successful and great for the kids to give back to less fortunate kids!

Jules along with 2 of our Keystone members will be attending the National Keystone Conference in Dallas Texas later this week. On top of this awesome opportunity, the Brandeis Youth Philanthropy Group has sponsored two teens and a staff member to attend conference in California this summer.

After School Program

As of 3/11/16 there are 38 youth enrolled in the After School Program. Of those children, 26 are full time and 12 are part time. Transportation is provided to members within the Waltham School District for children ages 5-12. The program also provides a nutritious snack that meets the Elementary and Secondary Education Food Standards. A 5:00pm educational curriculum is implemented to encompass all components of a healthy and well-rounded lifestyle. Our program hours are 2:30-6:00pm daily and 7:30am-5:30pm when school is not in session.



Some of the programs our ASP members are participating in this session are:

Imagination Playground is offered to youth ages 5-8 where members are able to think about how to put foam pieces together and create objects such as roller coasters, castles and forts. This activity incorporates imagination and engineering to produce a fun and kid-friendly way to learn about construction.

Rocket Readers is offered to youth ages 5-8 and is designed to encourage members to participate in reading and learn about literacy. The activity is structured where a themed story is read to the children, followed by discussion and a small art project.

Super Science is offered to youth ages 9-12. It's designed to teach children about the different sciences, including physical science, engineering, chemistry and anatomy. Members perform small, hands-on experiments that get our youth thinking about how things are made, why different reactions occur, and how things interact with each other.

Music Makers is offered to members ages 5-8 where they engage in basic musical activities to learn about different sounds and instruments. Ex. Members making maracas out of toilet paper roll

Non Cook Cooking teaches children how to create healthy, simple snacks that they can use throughout their daily lives. We also incorporate math, reading and science by reading the recipe out loud, teaching youth how to mix ingredients together and how to measure out different ingredients, to create the perfect snack.

Image Makers is offered to youth ages 9-12 in the Technology Center.

Music Studio is offered to members ages 9-12 where they learn how to play various instruments such as the keyboard, guitar and drums.

Arts & Crafts projects are designed to enable children to display their creativity and express their emotions through various unique projects. Art plays a vital role in self-expression and imagination. A total number of 31 members participated in activity.

Technology Programs

Building Blocks Engineering Program: Continues to run throughout the Winter months and has been moved to meet on Tuesdays and Thursdays. BGCA's Director of STEM & Educational Foundations, Danielle Towns paid a visit to our Club and observed our engineering program. She raved about our members and their work thus far and said that our group was one of her favorites! Currently, members are in the process finishing their 3D model of Waltham and incorporating their solution to littering around the city, installing recycle trash barrels.

Raytheon Girls' Engineering Day: Science related fields have for the most part, have lacked the female presence. Raytheon is committed to exposing more and more of our girls to careers in STEM. Several volunteers/scientists created a fun learning environment for our members. They participated in a Rover Restraint lesson and an "egg drop" activity where students got to build, test, and evaluate their own "rover landers" carrying eggs. Our girl had lots of fun and learned about inspiring famous women in the STEM field.

Makey Makey Workshop: Several members participated in a Makey Makey workshop. Makey Makey is a circuit board, that when connected to a computer it replaces the functions of a computer keyboard. Members are then able to connect the Makey Makey via alligator clips, using any material that can conduct electricity. Some members were able to create video game controllers from recycled materials, i.e. cardboard, foil, pennies, tape, etc. Members were excited to show off their creations and control a game of Mario World.

BGCA National Youth Outcomes Initiative Survey: The National Youth Survey is a member survey, which is designed to collect information from members who share their experiences with staff and in the Club. The survey also provides the Club with valuable data on areas that we are excelling in and also need improvements. The NYOI commenced February 22nd and will run through the end of March. More details on the progress of the survey in the next program report. Our Club will begin the surveys March 1st. Our goal is to survey at least 120 members.



Angel Camacho is the 6-9 year old January member of the month. Angel was chosen as our member of the month as he always arrives at the club with a positive attitude, eager and ready to engage in many of the Club's programs. Angel takes part in our athletic programs, social recreation programs, and aquatics programs. Each day, Angel participates in Power Hour and makes sure he completes his homework before joining in any other club activities. He is respectful and kind to the staff and his peers. Angel spends much of his time involved in all the games room activities and tournaments, as well as their field trips. He has recently started swimming lessons with a goal on becoming proficient in the water and rising to the ranks where he may someday join our swim team.

Andrew Kamuli has been elected member of the month for 10-13 year olds. Andrew is an 11 year old club member who has recently started taking a big interest in the music program at the Club. Andrew was instantly drawn and gravitated toward the drum set. After a single lesson, Andrew began playing along with many of the older members who would accompany him on the guitar, bass or piano. He has shown a great aptitude for singing and beat production. Andrew is the first to participate in a new program or activity in the studio. He has a positive attitude, tries new things, and works incredibly hard at getting better at the things he has learned. He embodies many of the values that we strive for here at the club, and is a great example for other members.

Anderson Aguilar is the Club's Member of the Month for members ages 14 – 18. Anderson is a valuable member as he is a great mentor and role model for our younger club members and is a leader by example. Anderson is a participant in both PAL Soccer and Basketball, is a volunteer coach and referee for the younger PAL soccer teams, and helps out our Athletic Director running daily programs in the gym whenever possible. Last year Anderson coached his PAL soccer team from last place to the championship game. Anderson helps with many events at the Boys & Girls Club such as Breakfast with Santa and the Dinner of Thanks. Anderson also is a leader outside the club as he has completed 30 hours of community service volunteering at a local homeless shelter.





The Waltham Boys & Girls Club

We Need You!
How you can help the Club!

BE GREAT



Our Mission:

The mission of the Waltham Boys & Girls Club is to inspire and enable all young people especially those who need us most, to realize their full potential as productive, responsible and caring citizens.



**Support the Club at
the following events!**

April 28, 2016:
Gala

September 2016:
Golf Tournament

The Club is growing and we need your help! In order for us to continue to provide services to the children in our community ***that need us most*** we need your continued patronage and support. There are several ways that you can help us in providing amazing programs, activities and events for our youth!

- ◆ By making a tax-deductible monetary or in kind donation
- ◆ By promoting the Club's message on your social media outlets
- ◆ By spreading the message why you support the Club
- ◆ By attending our fundraisers (information below)
- ◆ By volunteering at the Club (Subject to CORI background check) email: ncacciolfi@walthambgc.org

How to make a donation:

- ◆ online: <http://www.walthambgc.org/portal/ways-to-give>
- ◆ By phone with a credit card: 781-893-6620
- ◆ By mail with a check made out to The Waltham Boys and Girls Club, 20 Exchange Street, Waltham MA 02451.
- ◆ In person during club operation hours

Did you know? You can donate appreciated stock to the Waltham Boys and Girls Club. Call us for more information.