



**WALTHAM  
BOYS & GIRLS CLUB**

# WALTHAM BOYS & GIRLS CLUB

## DINNER MENU AUGUST 2018




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
Mac n Cheese Green beans Fresh Fruit	Teriyaki Chicken Brown Rice Fresh Veggie	Meatball sub Farm fresh salad Fresh Fruit	Chicken Alfredo Veggie Fresh Fruit	Black bean burrito with brown rice Fresh fruit
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Buffalo Chicken Bowl with brown rice & veggie Fresh Fruit	Hamburger on wheat bun Sweet potato salad Fresh Fruit	BBQ grilled chicken on wheat bun Corn & black bean salad	Wheat pasta with meat sauce Veggie & fruit	100% Beef Hot Dog on wheat bun Corn Fresh Fruit
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Creamy wheat pasta with tomatoes Fresh Fruit	Veggie stir fry with brown rice & edamamme Fresh Fruit	Chicken patty on wheat bun Roasted Veggie Fresh Fruit	Turkey Dinner w/ Mashed potato Whole wheat dinner roll Cranberry sauce	Mac n Cheese Peas Fresh Fruit

**SFSP**

PLEASE NOTE! Dinner is only served at Gilmore Park and Chesterbrook Garden sites

# **IMPORTANT**

**The meal served at this site may contain one of the following allergens:**



**EGGS  
FISH  
MILK  
SHELLFISH  
SOY  
WHEAT**

**This meal may have been prepared in a facility that is NOT allergen-free.**

***Please note: The Waltham Boys & Girls Club is a nut-free facility***

**This institution is an equal opportunity provider.**

March 2018