

AT RISK SNACK MONTHLY MENU

MONTH/YEAR July 29 – August 23

SITE NAME Watch City & Library Snack

AFTERNOON SNACK	MONDAY 7/29	TUESDAY 7/30	WEDNESDAY 7/31	THURSDAY 8/1	FRIDAY 8/2
(Serve any two of the following foods): Milk Fruit Vegetable Bread or Alternate Meat or Alternate	Whole Grain Cheetos 100% juice box	Whole Grain Gold Fish Cheese stick	Craisins (1/4 cup) WG sun chips	Whole Grain Vanilla or cinnamon Grahams * Yogurt	Whole Grain Pretzel Fish 100% Juice Box
AFTERNOON SNACK	MONDAY 8/5	TUESDAY 8/6	WEDNESDAY 8/7	THURSDAY 8/8	FRIDAY 8/9
(Serve any two of the following foods): Milk Fruit Vegetable Bread or Alternate Meat or Alternate	WG cheez-its Craisins	WG smart food pop corn 100% fruit juice	Tortilla Chips Cheese stick	Whole Grain Pretzel Fish 100% Juice Box	Whole Grain Vanilla or cinnamon Grahams * Yogurt
AFTERNOON SNACK	MONDAY 8/12	TUESDAY 8/13	WEDNESDAY 8/14	THURSDAY 8/15	FRIDAY 8/16
(Serve any two of the following foods): Milk Fruit Vegetable Bread or Alternate Meat or Alternate	Whole Grain Cheetos 100% juice box	Whole Grain Gold Fish Cheese stick	Craisins (1/4 cup) WG sun chips	Whole Grain Vanilla or cinnamon Grahams * Yogurt	Whole Grain Pretzel Fish 100% Juice Box
AFTERNOON SNACK	MONDAY 8/19	TUESDAY 8/20	WEDNESDAY 8/21	THURSDAY 8/22	FRIDAY 8/23
(Serve any two of the following foods): Milk Fruit Vegetable Bread or Alternate Meat or Alternate	WG cheez-its 100% Juice Box	WG smart food pop corn 100% fruit juice	WG Tortilla Chips Cheese stick	Whole Grain Cheetos 100 % juice	Whole Grain Vanilla or cinnamon Grahams * Yogurt
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