




**WALTHAM BOYS & GIRLS CLUB
SUMMER FOODS DINNER MENU**

JULY 2020

Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
29 Chicken , Brown Rice & Steamed Broccoli, Fruit salad 1 % white Milk	30 Cheeseburger on Bun , Tossed Salad , Apple/Orange, Carrots 1 % white Milk	1 Crispy chicken patty on Bun Corn & Black Bean Salad , Pears & 1 % Milk	2 Pizza & Salad w/ croutons Fruit 1 % White Milk	3 NO DINNER 
6 Mac & Cheese, Peas, Pears 1 % White Milk	7 BQ Pulled pork On Bun Corn , Peaches 1 % White Milk	8 Chicken Fajita & Brown Rice Pepper & Onions , Wrap Manadrine Orange 1 % White Milk	9 Pizza & salad w/ croutons Strawberries 1 % white Milk	10 Hot Dog On Bun Corn & Apple slices 1 % White Milk
13 BREAKFAST FOR DINNER	14	15	16	17
Scrambled Egg, Home fries Fruit salad 1 % White milk	Beef NACHO w/ Cheese Tostito Chips , Corn 1 % White Milk	Chicken Alfredo w/ pasta Broccoli , Peaches 1 % white Milk	Pizza & salad w/ croutons Strawberries Milk	Meatball Sub w/ Green Beans , Pears 1 % White Milk
20 Chicken Nuggets, Dinner Roll, Mashed Potato , Peaches 1 % White Milk	21 Cilantro Lime Pork w/ Brown rice, Corn & Black beans , Pineapple & Milk	22 CHOP SUEY Pasta w/ meat sauce carrot coins, Texas toast & Pears 1 % White Milk	23 Pizza & salad croutons Strawberries 1 % White Milk	24 Chicken salsa & Cheese Brown rice , Black bean & Corn w/ Pears & 1 % white Milk
27 Orange chicken , Brown Rice Broccoli , Pineapple 1 % White Milk	28 pasta w/ Meat sauce Pea's & Pears Milk	29 Cheeseburger on Bun Potato Salad & mixed fruit 1 % White Milk	30 Pizza & Salad w/croutons Strawberries 1 % White Milk	31 Mozzarella Sticks w/ sauce Tossed salad , Apple slices 1 % White Milk

All meals served with 1% white milk

SFSP

IMPORTANT

The meal served at this site may contain one of the following allergens:



This meal may have been prepared in a facility that is NOT allergen-free.

This institution is an equal opportunity provider.