



**WALTHAM BOYS & GIRLS CLUB  
SUMMER FOODS LUNCH MENU**

**JULY 2020**

**\*Menu subject to change\***

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>29</b> Turkey & Cheese On wheat Carrot sticks, Fresh orange 1 % White Milk	<b>30</b> Tuna on Bun Carrot sticks , Fresh Apple 1 % White Milk	<b>1</b> Fresh Tossed salad w/ feta Wheat wrap Apple slices , 1 % White milk	<b>2</b> Chicken salad wrap Fresh cucumber wheels Cranberries, 1 % white Milk	<b>3</b> <b>HOLIDAY NO LUNCH</b> 
<b>6</b> Sunbutter & Jelly Cheese stick, carrots Apple , 1 % White Milk	<b>7</b> Bologna & cheese carrots w/ ranch orange , 1 % White Milk	<b>8</b> Tossed salad w/ Chicken Wheat Wrap Apple slices, 1 % White Milk	<b>9</b> Grilled Chicken On Bun Cucumber wheels Orange , 1 % White Milk	<b>10</b> Bento Box Yogurt , Berries , Granola, Cucumbers 1 % white milk
<b>13</b> Chicken salad wrap Pineapple , Carrots 1 % white Milk	<b>14</b> Lg wheat soft Pretzel Hummus , Cheese stick Orange , 1 % White Milk	<b>15</b> TACO Salad W/ Wrap Lettuce ,Tomato ,Cheese Apple slices, 1 % White Milk	<b>16</b> Buffalo Chicken Wrap Lettuce & Cheese Cucumber , Orange 1 % white Milk	<b>17</b> Ham & Cheese Broccoli Bite w/ ranch Apple , 1 % White Milk
<b>20</b> Bagel , Yogurt, Cheese stick Orange, Cucumbers 1 % White Milk	<b>21</b> Salami & Cheese Carrots , Apple 1 % White Milk	<b>22</b> Chef Salad Pita Bread, Apple slices 1 % White Milk	<b>23</b> Tuna On Bun , Pickles Cucumber , Orange 1 % White Milk	<b>24</b> Bento Box Cheese , pepperoni , Pretzel Apple asauce, cucumbers 1% white Milk
<b>27</b> Grilled chicken On Bun Broccoli Bites w/ ranch Apple , 1 % White Milk	<b>28</b> Turkey & Cheese Fresh veggie dippers w/ ranch Orange, 1 % White Milk	<b>29</b> Salad w/ Cheese wheat Wrap Apple slices , 1 % White Milk	<b>30</b> Buffalo Chicken wrap Lettuce & Cheese Cucumbers , 1 % White Milk	<b>31</b> Bento Box Sunbutter , Apple slices, Carrots, Goldfish Pretzels, 1 % white milk

**All meals served with 1% white milk**

SFSP

# IMPORTANT

The meal served at this site may contain one of the following allergens:



EGGS  
FISH  
MILK  
SHELLFISH  
SOY  
WHEAT

This meal may have been prepared in a facility that is NOT allergen-free.

This institution is an equal opportunity provider.