



WALTHAM BOYS & GIRLS CLUB
Lunch MENU

August 2020

*Menu subject to change

Monday	Tuesday	Wednesday	Thursday	Friday
3 Lg. Wheat Soft Pretzel, hummus cheese stick orange, cucumber 1% white milk	4 Bologna & Cheese, wheat bread apple, carrot dippers 1% white Milk	Bento Box Yogurt, granola blueberries, cucumbers 1% white milk	6 Bacon, Lettuce, Tomato, Cheese wheat wrap macaroni salad, orange 1% white milk	7 Luncheon salad Tossed Salad w/ Tuna wheat wrap, apple slices 1% white milk
10 Sunbutter & jelly, cheese stick carrot dippers, apple 1% white milk	11 Tuna On Bun w/ baked chips orange, cucumber wheels 1% white milk	12 Bento Box Cheese, pepperoni, pretzels apple Sauce, carrot sticks 1% white milk	13 Turkey & Cheese, wheat bread broccoli bites w/ ranch, orange 1% white milk	14 Luncheon Salad Caesar Salad w/ Feta wheat wrap, apple slices 1% white milk
17 Grilled Chicken on a Bun cucumbers wheels, orange 1% white milk	18 Tuna On Bun carrot dippers w/ ranch, apple 1% white milk	19 Bento Box Sunbutter, apple slices carrot sticks, pretzels 1% white milk	20 Bologna & Cheese, wheat bread broccoli bites w/ ranch, orange 1% white milk	21 Luncheon Salad Chef salad w/ pita assorted fruit option 1% White Milk
24	25	26	27	28
31				

All meals served with 1% white milk

SFSP

IMPORTANT

The meal served at this site may contain one of the following allergens:



This meal may have been prepared in a facility that is NOT allergen-free.

This institution is an equal opportunity provider.