



September Dinner MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6	7	8	9	10
13	14	15	16	17
Chicken & Rice Broccoli & Carrots Peach Cup , Milk	Chicken Parm Sandwich Green beans , Apple sauce Milk	Chicken Alfredo W/ Pasta Broccoli , Peach Cup Milk	Pizza & Salad Strawberry cup Milk	Grilled Turkey Melt Mac Salad , Apple Sauce Milk
20	21	22	23	24
Hot Dog On Bun Corn , Peach Cup Milk	Turkey & Gravy, Roll Mashed Potato, Pears Milk	Pasta W/ Meat Sauce Mixed Veggies Fruit cocktail Milk I	Pizza & salad Strawberry Cup Milk	Grilled Ham & Cheese Mac Salad , Fruit Cocktail Milk
27	28	29	30	1
Beef & Cheese Nachos Corn , Apple sauce Milk	Chicken Fajita Corn & Black Beans Peach Cup , Milk	Mac & Cheese Mix Veggies , Pears Milk	Pizza & Salad Strawberry Cup Milk	Grilled Turkey Melt Mac Salad , Fruit Cocktail Milk

MENU SUBJECT TO CHANGE

***This institution is an Equal Opportunity Provider
Please see important allergy information on reverse side***

The meal served at this site may contain one of the following allergens:

**EGGS
FISH
MILK
SHELLFISH
SOY
WHEAT**

**This meal may have been prepared in a facility that is NOT allergen-free.
*Please note: The Waltham Boys & Girls Club is a nut-free facility***

This institution is an equal opportunity provider.

All food must be eaten on premises!

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