



## September 2021 Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
9/13	9/14	9/15	9/16	9/17
Yogurt Pretzel Goldfish (WG)	Ritz Crackers (WG) Sunbutter	Graham Crackers (WG) 100% Berry/Grape Juice	Smartfood/SunChips(WG) Fruit Pouches	Applesauce Pretzel Goldfish (WG)
9/20	9/21	9/22	9/23	9/24
Strawberry Peach Applesauce Cheez-its (WG)	Apple Slices Quaker Granola Bars (WG)	Belvita Bars 100% Apple Juice	100% Very Berry Juice Scooby Snack Grahams (WG)	Nutri Grain Bars (WG) Applesauce
9/27	9/28	9/29	9/30	10/1
100% Berry Juice Smartfood Popcorn (WG)	Sun Chips Fruit Pouch	100% Cranberry Juice Quaker Granola Bar (WG)	Whole wheat Ritz Crackers Sunbutter	Goldfish (WG) 100% Fruit Punch

**MENU SUBJECT TO CHANGE**

***This institution is an Equal Opportunity Provider  
Please see important allergy information on reverse side***

**The meal served at this site may contain one of the following allergens:**

**EGGS  
FISH  
MILK  
SHELLFISH  
SOY  
WHEAT**

**This meal may have been prepared in a facility that is NOT allergen-free.  
*Please note: The Waltham Boys & Girls Club is a nut-free facility***

This institution is an equal opportunity provider.

**All food must be eaten on premises!**

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