

October 2023 DINNER Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 (4 oz) - Breaded Mozzarella Sticks (½ c) - marinara Sauce (½ c) - Corn (1 each) - Apple (8 Oz)- Milk Of Choice	3 (3 oz)- Teriyaki Chicken (½ c) - Rice (½ c)- Broccoli (½ c)- Pineapple (8 oz)- Milk Of Choice	4 (2.5 oz) - Cheese Burger (1 oz) - WW Bun (½ c) - Fies (½ c) - Cupped Pears (8 oz) - Milk Of Choice	5 (1 Slice) - Cheese Pizza (1 c) - Salad (1 each) - Orange (8 oz) - Milk Of Choice	6 (3 oz) - Chicken (1 c) - Caesar Salad (1 oz) - WW wrap (½ c) - Fruit cocktail (8 oz) - Milk Of Choice
CLOSED	10 (8 each 4oz)- Chicken Nuggets (1 oz) - Dinner Roll (½ c) - Mashed Potato (½ c) - Apple sauce (8 oz) - Milk Of Choice	11 (8 oz) - Macaroni & Cheese (½ c) - Mixed Veggies (½ c) - Cupped Pears (8 oz) - Milk Of Choice	12 (1 Slice) - Cheese Pizza (1 c) - Salad (1 each) - Orange (8 Oz) - Choice Of Milk	13 (2 oz) - Beef Hot Dog & Bun (½ c) - Corn (½ c) - Fruit Cocktail (8 oz) - Milk Of Choice
16 (3 oz) - Chicken Patty (1 oz) - WW Bun (1 C) - Fries (1 each) - Apple (8 oz) - Milk Of Choice	17 3 oz) - BQ Chicken Breast (½ c) - Mashed Potatoes (1 oz)- WW Dinner Roll (½ c) - Fruit Cocktail (8 oz) - Milk Of Choice	18 (3 oz) - Cheese Lasagna (½ c) - Green Beans (1 oz)- WW Dinner Roll (½ c) cupped Mandarin Orange (8 oz) - Milk Of Choice	19 (1 Slice) - Cheese Pizza (1C) - Salad (½ c) - Orange (8 Oz) - Milk Of Choice	FRIDAY IS KIDS CHOICE
20 (3 oz) - Meatball Sub (½ c) - Green Beans (½ c) - Fruit Salad (8 oz) - Milk Of Choice	21 3 oz)- Teriyaki Chicken (½ c) - Rice (½ c)- Broccoli (½ c)- Pineapple (8 oz)- Milk Of Choice	22 (8 oz) - Pasta W/ Meat Sauce (½ c) - Peas & Carrots (½ c) - fruit Cocktail (8 oz) - Milk Of Choice	23 (1 Slice) - Cheese Pizza (½ c) - Fries (1 each) - Orange (8 oz) - Milk Of Choice	FRIDAY IS KIDS CHOICE
30 (4 oz) Chicken Salad (1 oz) WW Wrap (½ c) Veggie dippers W/ Ranch (8 oz) Milk Of Choice	31 2 oz) - Beef Hot Dog & Bun (½ c) - Corn (½ c) - Fruit Cocktail (8 oz) - Milk Of Choice			

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1. mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax:
(833) 256-1665 or (202) 690-7442; or
3. email:
program.intake@usda.gov

This institution is an equal opportunity provider.

MENU SUBJECT TO CHANGE

The meal served at this site may contain one of the following allergens:

**EGGS
FISH
MILK
SHELLFISH
SOY
WHEAT**