

January 2024 DINNER Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Happy New Year</p>	<p>2 (1 C) Chicken Pot Pie (1/2C) Mashed Potato Topping (1 oz) WG Dinner Roll (½ c) fruit cocktail (8 oz) Choice Of Milk</p>	<p>3 (8 oz) Macaroni & Cheese (½ c) Broccoli (½ c) Melon (1 oz) WG Dinner Roll (8 oz) Choice Of Milk</p>	<p>4 (2 oz) Cheese Pizza (1 C) Caesar Salad W/ Croutons (½ C) Assorted Fruit (8 oz) Choice Of Milk</p>	<p>5 (2.8 oz) Cheese Burger (1 oz) WG Bun (1 C) Sweet Potato Waffle Fries (½ C) Grapes (8 oz) Choice Of Milk</p>
<p>8 (1 C) Beef Chili W/ Beans (1 each) Baked Potato W/ Topping (1 oz) Bread Stick (½ C) Grapes (8 oz) Choice Of Milk</p>	<p>9 (3oz) Teriyaki Chicken (½ C) Rice (½ C) Broccoli (½ C) Pineapple (8 oz) Choice Of Milk</p>	<p>10 (6 Oz) Pasta W/ Meat Sauce (1 oz) WG Garlic Roll (½ C) Green Beans (½ c) Mandarin Orange (8 oz) Choice Of Milk</p>	<p>11 (2 oz) Cheese Pizza (1 C) Caesar Salad W/ Croutons (½ C) Assorted Fruit (8 oz) Choice Of Milk</p>	<p>1 (3 oz) Beef Taco W/ Toppings (1 oz) WG Shells (½ C) Rice W/ Beans (½ c) Fruit Cocktail (8 oz) Choice Of Milk</p>
<p>Closed</p> <p>MLK</p>	<p>16 (3oz) Teriyaki Chicken (½ C) Rice (½ C) Broccoli (½ C) Pineapple (8 oz) Choice Of Milk</p>	<p>17 (3 oz) Cheese Lasagna (1 oz) WG Garlic Knot (½ C) Peas & Carrots (½ C) Apple Sauce (8 oz) Choice Of Milk</p>	<p>18 (2 oz) Cheese Pizza (1 C) Caesar Salad W/ Croutons (½ C) Fresh Melon (8 oz) Choice Of Milk</p>	<p>2 19 (30z) Chicken Tenders (½ C) Mashed Potato (1 oz) WG Dinner Roll (½ c) Cupped Pears (8 oz) Choice of Milk</p>
<p>22 (8 each) Mozzarella Sticks (4 oz) Marinara Sauce (½ C) Corn (½ C) fresh Fruit Salad (8 oz) Choice Of Milk</p>	<p>23 (3 oz) Orange Chicken (½ C) Rice (½ C) Broccoli (½ C) Pineapple (8 oz) Choice Of Milk</p>	<p>24 (6 Oz) Pasta W/ Meat Sauce (1 oz) WG Garlic Roll (½ C) Green Beans (½ c) Mandarin Orange (8 oz) Choice Of Milk</p>	<p>25 (2 oz) Cheese Pizza (1 C) Caesar Salad W/ Croutons (½ C) Assorted Fruit (8 oz) Choice Of Milk</p>	<p>26 (2 oz) Toasted Cheese On (1 oz) WG Bread (6 Oz) Homemade Veggie Soup (½ c) Veggie Sticks (½ c) Grapes (8 Oz) Choice Of milk</p>
<p>29 (8 oz) Macaroni & Cheese (½ c) Broccoli (½ c) Assorted fresh Fruit (1 oz) WG Dinner Roll (8 oz) Choice Of Milk</p>	<p>30 (3 oz) Beef Taco W/ Toppings (1 oz) WG Shells (½ C) Rice W/ Beans (½ c) Fruit Cocktail (8 oz) Choice Of Milk</p>	<p>31 (3 oz) Cheese lasagna (1 oz) WG Dinner Roll (½ C) Green Beans (½ C) Cupped pears (8 oz) Choice of Milk</p>		

We offer a Vegetarian Option on nights that dinner contains Meat

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1. mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax:
(833) 256-1665 or (202) 690-7442; or
3. email:
program.intake@usda.gov

This institution is an equal opportunity provider.

MENU SUBJECT TO CHANGE

The meal served at this site may contain one of the following allergens:

**EGGS
FISH
MILK**

**SHELLFISH
SOY
WHEAT**