February 2024 DINNER Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 (2 oz) WG Cheese Pizza (1 C) Caesar salad W/ WG Croutons (½ c) orange (8 oz) Choice Of Milk	2 (3 oz) Chicken Tenders (½ c) Mashed Potato (1 oz) WG Dinner Roll (½ c) Applesauce (8oz) Choice of Milk
5 (2.8 oz) Cheese Burger (1 oz) WG Bun (1 c) Tater Tots (8 oz) Choice of Milk	6 (3 oz) Orange Chicken (½ c) Rice (½ C) Broccoli (½ C) Pineapple (8 oz) Choice Of Milk	7 (6 oz) Pasta W/ Meat sauce (1 oz) Texas Toast (½ c) Peas & Carrots (½ c) Cupped Pears (8 oz) Choice Of Milk	8 (2 oz) WG Cheese Pizza (1 C) Caesar salad W/ WG Croutons (½ c) Fresh Melon (8 oz) Choice Of Milk	9 (3 oz) Beef Taco W/ Toppings (1 oz) WG Taco Shell (½ c) Rice & Beans (½ c) Peach cup (8 oz) Choice of Milk
12 (4 oz) Crispy Chicken Sandwich (1 oz) WG Bun (1 c) Sweet Potato Fries (½ c) Assorted fruit (8 oz) Choice of Milk	13 (3 oz) Teriyaki Chicken (½ c) Rice (½ C) Broccoli (½ C) Pineapple (8 oz) Choice Of Milk	14 (3 oz) Chicken Alfredo (½ c) Penne pasta (½ c) Broccoli (1 oz) WG Dinner Roll (½ c) Applesauce (8 oz) Choice Of Milk	15 (2 oz) WG Cheese Pizza (1 c) Caesar salad W/ WG Croutons (½ c) Clementine (8 oz) Choice of Milk	16 (3 oz) Meatball Sub (1 oz) WG Sub Roll (½ c) Greenbeans
CLOSED Breakfast will be available During Club Hours This week	20 Lunch (2 0z) Toasted Cheese (1 oz) WG Bread (6 oz) Homemade Veggie soup (½ c) Assorted fruit (8 0z) Choice Of Milk	21 Lunch (2 oz) All Beef Hot Dog (1 oz) WG Bun (½ c) Potato Salad (1 each) Orange (8 oz) Choice of Milk	22 Lunch (2 oz) WG Cheese Pizza (1 c) Caesar salad W/ WG Croutons (½ c) Cinnamon Apple Slices (8 oz) Choice of Milk	23 Lunch (3 oz) Mozzarella Sticks (4 oz) Marinara Sauce (½ c) Corn (½ c) Pears (8 oz) Choice Of milk
26 (6 oz) Macaroni & Cheese (½ c) Peas & Carrots (1 oz) WG Dinner Roll (½ c) Mango Slices (8 oz) Choice Of Milk	27 (3 oz) Orange Chicken (½ c) Rice (½ C) Broccoli (½ C) Pineapple (8 oz) Choice Of Milk	28 (6 oz) Pasta W/ Meat sauce (1 oz) Texas Toast (½ c) Green Beans (½ c) Cupped Pears (8 oz) Choice Of Milk	29 (2 oz) WG Cheese Pizza (1 c) Caesar salad W/ WG Croutons (½ c) Apple Slices (8 oz) Choice of Milk	

We offer a Vegetarian Option on nights that dinner contains Meat

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: USDA Discrimination Complaint Form, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail:

U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or

2. fax:

(833) 256-1665 or (202) 690-7442; or

3. email:

program.intake@usda.gov

This institution is an equal opportunity provider.

MENU SUBJECT TO CHANGE

The meal served at this site may contain one of the following allergens:

EGGS FISH

MILK SHELLFISH SOY WHEAT