

October 2024 DINNER Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Kids Choice	(3 oz) Meatballs & Sauce (1 oz) WG Sub Roll (1/2 C) Green Beans (1/2 C) Cantaloupe (8 oz) Milk	LUNCH 3 (3 oz) Chicken Salad (1 oz) WG Wrap (1 oz) Baked Chips (1/2 C) Veggie Dippers (1/2 C) Cupped Peaches (8 oz) Milk	4 (3 oz) Beef Taco W/ Toppings (1 oz) WG Tortilla (1/2 C) Corn (1/2 C) Fruit Cocktail (8 oz) Milk
7 (2 oz) Grilled Cheese (1 oz) WG Bread (1 C) Sweet Potato Fries (1/2 C) Strawberries (8 oz) Milk	8 (3oz) Teriyaki Chicken Strips (1/2 C) Rice (1/2 C) Broccoli (1/2 C) Pineapple (8 oz) Milk	9 (4 oz) Cheesy Lasagna (1 oz) WG Dinner Roll (1/2 C) Peas & carrots (1/2 C) Fruit Cocktail (8 oz) Milk	10 (3 oz) All Beef Cheese Burger (1 oz) WG Bun (1 C) Fries (1/2 c) Strawberries (8 Oz) Milk	11 (8 each) Mozzarella Sticks (4 oz) Marinara Sauce (1/2 C) Corn (1/2 C) Cupped Pears (1 oz) WG Animal Crackers (8 oz) Milk
14 CLOSED	15 (3oz) Teriyaki Chicken Strips (1/2 C) Rice (1/2 C) Broccoli (1/2 C) Pineapple (8 oz) Milk	16 (6 oz) Pasta W/ Meat Sauce (1 oz) WG Roll (1/2 C) Green Beans (1 each) Orange (8 oz) Milk	17 (3 oz) WG Bagel Pizza (1 C) Caesar Salad W/ WG Croutons (1/2 C) Applesauce (8 oz) Milk	18 (3 oz) All Beef Cheese Burger (1 oz) WG Bun (1/2 C) Fries (1/2 C) Fruit Cocktail (8 oz) Milk
21 (3 oz) Chicken & Cheese Quesadilla (1 oz) WG Tortilla (1/2 C) Corn & Black Bean Salad (1/2 C) Fresh Fruit option (8 oz) Milk	22 (3 oz) Teriyaki Chicken Strips (1/2 C) Rice (1/2 C) Broccoli (1/2 C) Pineapple (8 oz) Milk	23 (4 oz) Cheesy Lasagna (1 oz) WG Dinner Roll (1/2 C) Green Beans (1/2 C) Cupped pears (8 oz) Milk	24 (3 oz) Beef Taco W/ Toppings (1 oz) WG Tortilla (1/2 C) Corn (1/2 C) Strawberries (8 oz) Milk	25 (2 oz) Grilled Cheese (1 oz) WG Bread (1 C) Sweet Potato Fries (1/2 C) Strawberries (8 oz) Milk
28 (3 oz) All Beef Cheese Burger (1 oz) WG Bun (1/2 C) Fries (1/2 C) Fruit Cocktail (8 oz) Milk	29 3 oz)Teriyaki Chicken Strips (1/2 C) Rice (1/2 C) Broccoli (1/2 C) Pineapple (8 oz) Milk	30 (6 oz) Pasta W/ Meat Sauce (1 oz) WG Dinner Roll (1/2 C) Green Beans (1/2 C) Cupped pears (8 oz) Milk	31 (3 oz) WG Bagel Pizza (1 C) Caesar Salad W/ WG Croutons (1/2 C) Applesauce (8 oz) Milk	

We offer a Vegetarian Option on nights that dinner contains Meat

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1. mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, SW
Washington, D.C. 20250-9410; or
2. fax:
(833) 256-1665 or (202) 690-7442; or
3. email:
program.intake@usda.gov

This institution is an equal opportunity provider.

MENU SUBJECT TO CHANGE

The meal served at this site may contain one of the following allergens:

**EGGS
FISH
MILK**

**SHELLFISH
SOY
WHEAT**